



## The Three Mountains of Dewa

"A Journey to Rebirth" Amid the Sacred Nature of Dewa Sanzan

The Three Mountains of Dewa  
have been worshipped since days of old.

The journey through Mt. Haguro, Mt. Gassan, and Mt. Yudono  
has come to be known as a passage through death to life: a pilgrimage of rebirth.

Enveloped in their sacred aura

We offer prayers to the spirits of the three mountains.

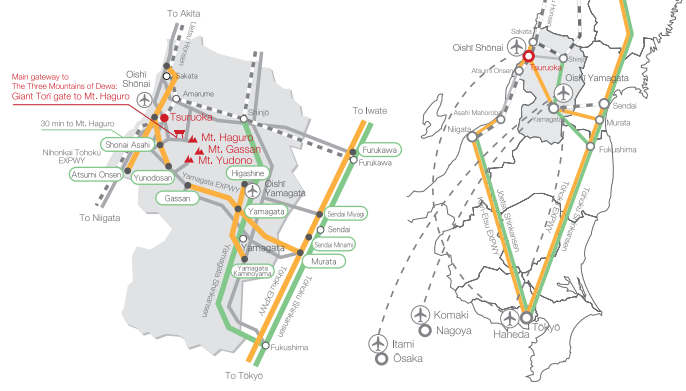
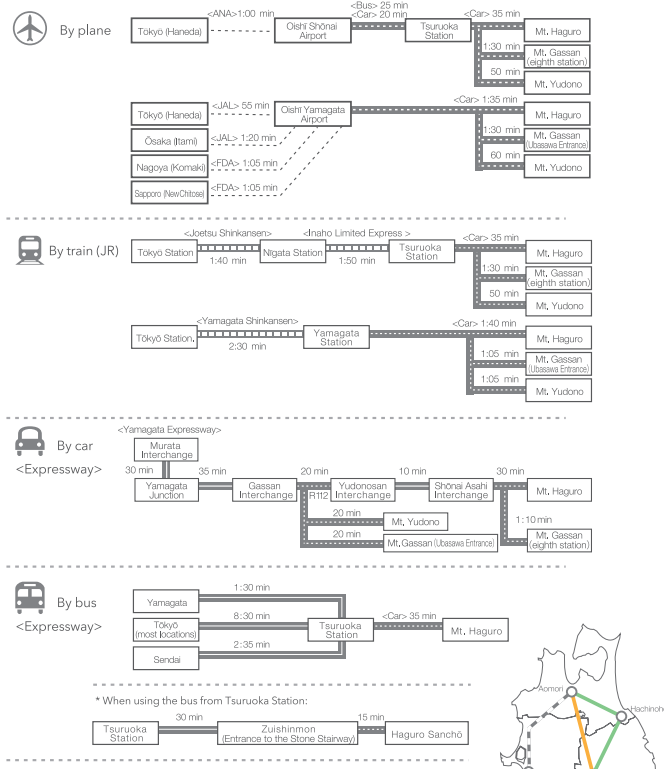
With nothing but the soul, bared.

A unique place

To renew body and mind

Full of strength for what tomorrow may bring.

### How to Get There



Association for Promotion of Dewa Sanzan "Umarekawari no Tabi"

(Office: Tourism, Culture and Sports Department / Cultural Promotion / Cultural Property Division)

TEL. 023-630-3342

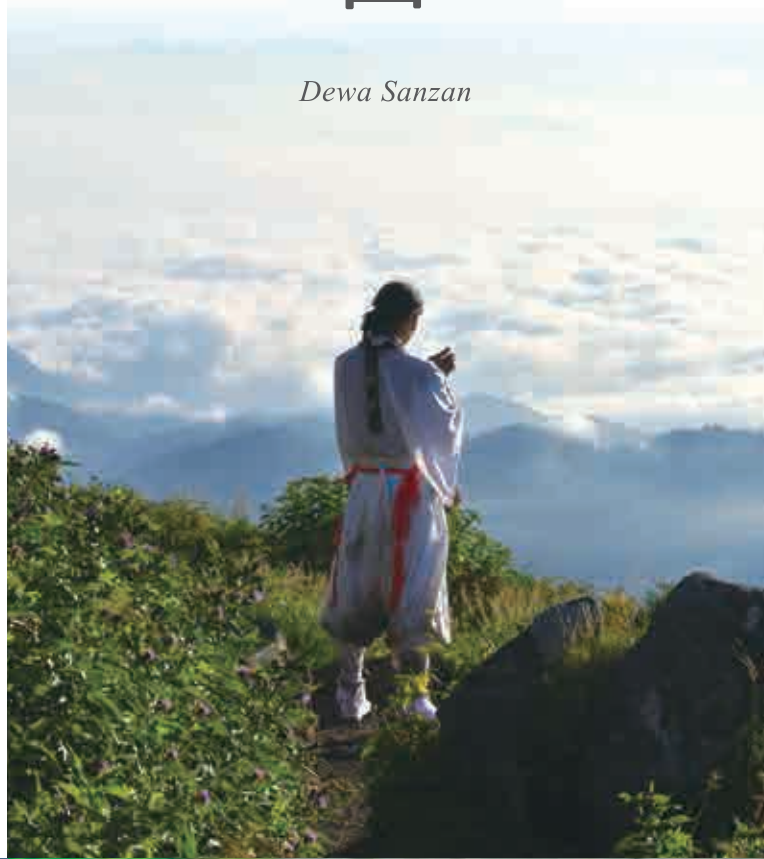
Website: <https://nihonisan-dewasanzan.jp/>



Find Yourself

# 出羽三山

Dewa Sanzan



Dainichi Nyorai (Symbol of Eternal Life) = Mitsugen Jodo = The Future  
 Oyamatsumi-no-Mikoto (Deity of the Mountain),  
 Onamuchi-no-Mikoto (Deity of the Land),  
 Sukunahikone-no-Mikoto (Deity of Medicine)

26 Mt. Yudono

The Future

A Profound Spiritual Revelation

Amibaha (Buddha of the Salvation in the Afterlife) = Amida Jodo = The Past  
 Tsukuyomi-no-Mikoto (Deity Who Governs the Night and Water)  
 Midagahara at the eighth station, in particular,  
 makes for a mystical scene with its wetland full of  
 blooming alpine plants.

18 Mt. Gassan

The Past

The Moon and the Afterlife: A Pure World

Shokamseon-bosatsu (The Buddha of Worldly Benefits)  
 Ideha-no-Kami (Guardian Deity of Dewa Province) and  
 Ukonomitama-no-Mikoto (Deity of Crops)  
 First entrusted by Prince Haehiko, Mt. Haguro is  
 a Buddha (Shokamseon-bosatsu) who saves people  
 in the living world. It is the closest of the three  
 mountains to civilization and is said to bring  
 worldly benefits to the living; thus, it represents  
 the present.

1 Mt. Haguro

The Present

The Beginning of Rebirth





2 Mt. Haguro's Zuishin-mon: The Gate of Dual Deities



3 Stone Stairway on Mt. Haguro



4 Mt. Haguro Japanese Cedar-lined Path (Nationally designated significant natural monument, awarded 3 stars in the Michelin Green Guide Japan)



5 Jiji-sugi: The Grandpa Cedar Tree (Designated Natural Monument of Japan)



6 The Five-Story Pagoda of Mt. Haguro (National Treasure)



7 Minami-dani: Mt. Haguro's Southern Valley (Designated Yamagata Prefectural Historical Site)



8 Mt. Haguro Saikan (Designated Tsuruoka City Tangible Cultural Property)



9 Mt. Haguro's Sanjin Gōsaiden (Nationally Designated Important Cultural Property)



10 Mt. Haguro Hachiko Shrine (Designated Important Cultural Property of Tsuruoka City)



11 Mt. Haguro's Shōzen-in Koganedō (Nationally Designated Important Cultural Property)



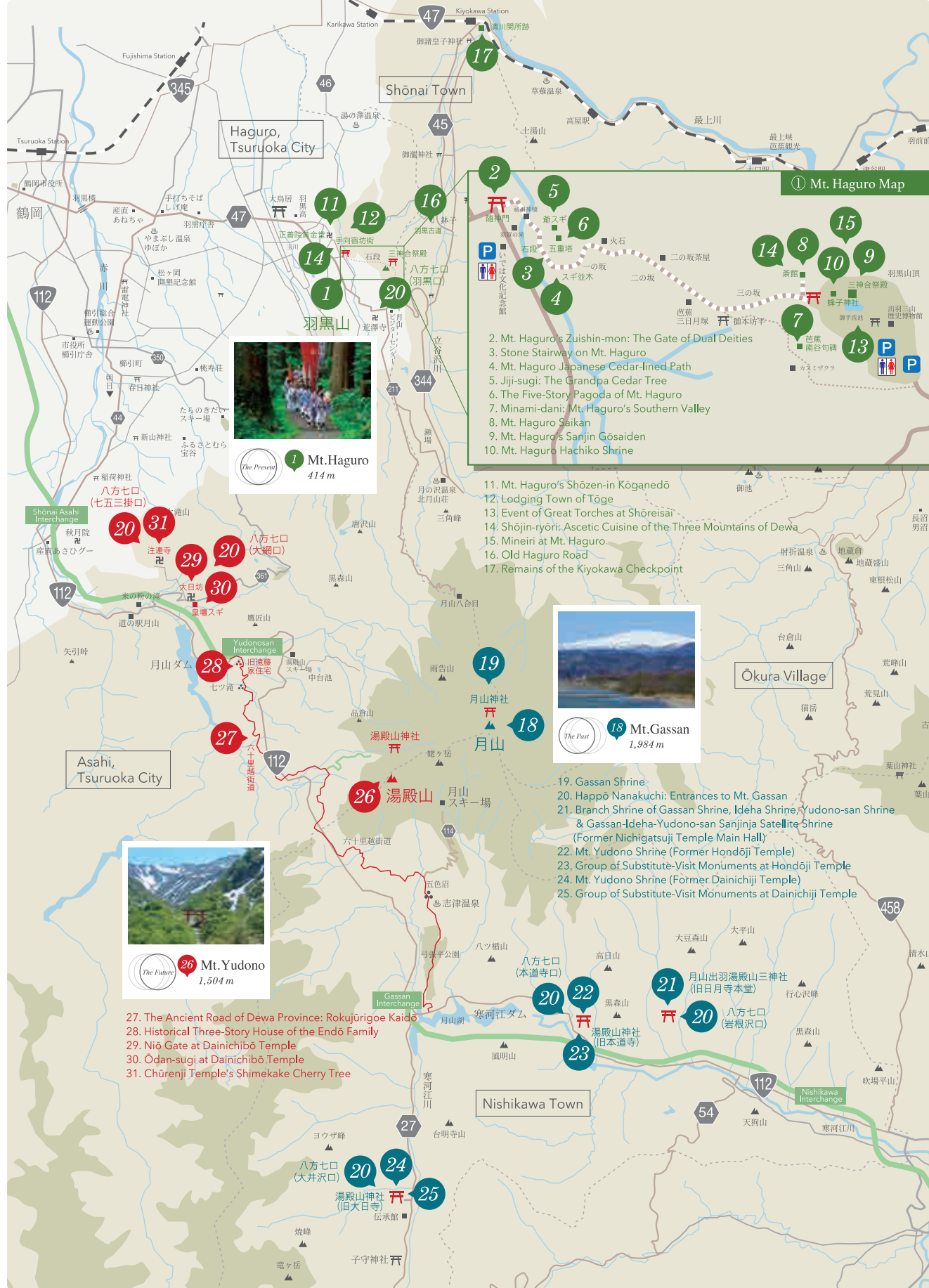
12 Lodging Town of Tōge (Inside the Tsuruoka City Historical Scenic Beauty Preservation Development Project Priority Area)



13 Event of Great Torches at Shōreisai (Nationally Designated Important Intangible Folk Cultural Property)



Japan Heritage Site: Three Mountains of Dewa Area Map



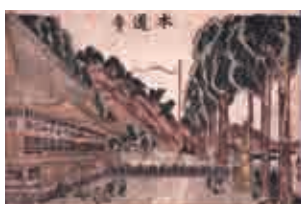
15 Mineiri at Mt. Haguro



17 Remains of the Kiyokawa Checkpoint



20 Happō Nanakuchi: Entrances to Mt. Gassan



22 Mt. Yudono Shrine (Former Hondōji Temple)



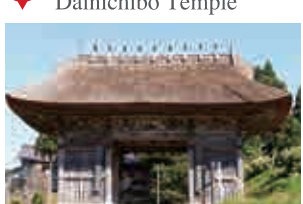
24 Mt. Yudono Shrine (Former Dainichiji Temple)



27 The Ancient Road of Dewa Province: Rokujūrigoe Kaidō



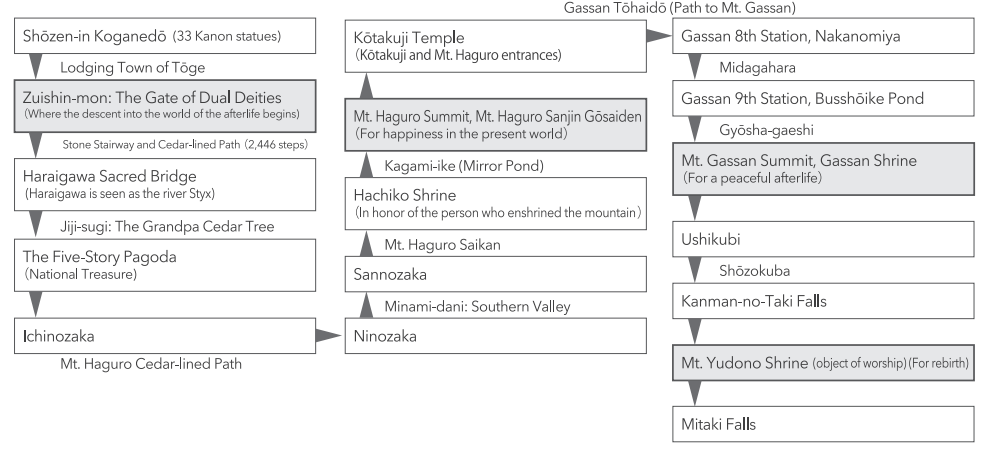
29 Niō Gate at Dainichibō Temple (Perfectly Designated Tangible Cultural Property)



30 Ōdan-sugi at Dainichibō Temple (Prefectural Designated Natural Monument)



Journey of Rebirth: Main Route



14 Shōjin-ryōri: Ascetic Cuisine of the Three Mountains of Dewa



16 Old Haguro Road



19 Gassan Shrine



21 Branch Shrine of Gassan Shrine, Ideha Shrine, Yudono-san Shrine & Gassan-Ideha-Yudono-san Sanjinja Satellite Shrine (Former Nichigatsuji Temple Main Hall)



23 Group of Substitute-Visit Monuments at Hondōji Temple (Nishikawa Town Designated Tangible Cultural Property)



25 Group of Substitute-Visit Monuments at Dainichiji Temple (Nishikawa Town Designated Tangible Cultural Property)



28 Historical Three-Story House of the Endō Family (Prefectural Designated Tangible Cultural Property)



31 Chūrenji Temple's Shimekake Cherry Tree (Tsuruoka City Designated Natural Monument)

